5 Most Common Mistakes Parents Make When Raising Kind Kids

1. Forcing Kindness

Kids have to WANT to be kind so it can't be forced. Kids won't want to be kind unless they KNOW they are loved and FEEL loved and feel secure.

2. Assuming Kids Know How to Be Kind

Some kids may know, but most kids don't know how to be kind. We must show them, and talk about kindness, read about kindness, and teach them how to be includers.

3. Talking About Kindness Only Once

Talking about kindness can not only be a one time event. We have to be a broken record and talk about it often and encourage it often to make kindness an everyday habit.

4. Forgetting to Walk the Walk

It can be easy to forget to be kind when we're in tough situations, but our kids are watching us. We need to model kindness towards our friends, strangers and our kids.

5. Teaching Kids to be Nice

Nice kids wants something in return for being nice. They're nice when it's convenient for them. Kind people want to be kind because they have compassion and empathy for others and genuinely want to help someone who needs it.