Kind or Trash? Directions:

coffee and corpool

- 1. Cut up the kindness cands and the action cards.
- 2. Lay out the kindness cards on a table or on the floor.
- 3.Go through each action card and determine if the action or words are kind or trash.
- 4. If they're kind, sort them by the type of kindness (there is more than one answer, and no answer is wrong.)
- 5. If it's trash, put it in a clean trash can (we got ours at the Dollar Store), a basket, or a bowl.
- 6. Talk about some of the trickier situations (ie. Saying "no" is still kind) and use this to get into deeper conversations.
- 7.Use the blank cards to write down situations your kids encounter or experience.





cottes cando carpos















coffe cared carpoo

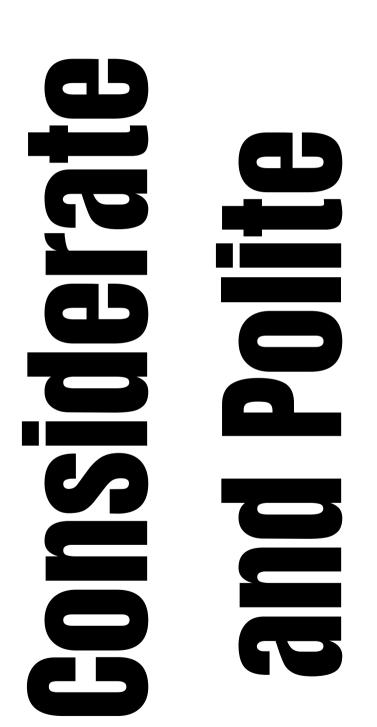


cottes carred



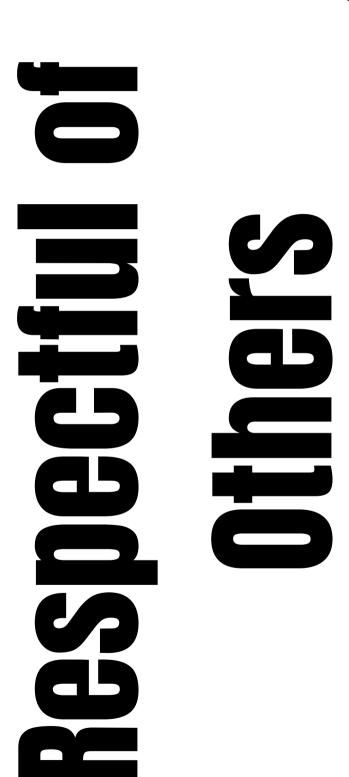


Cottes Fared S

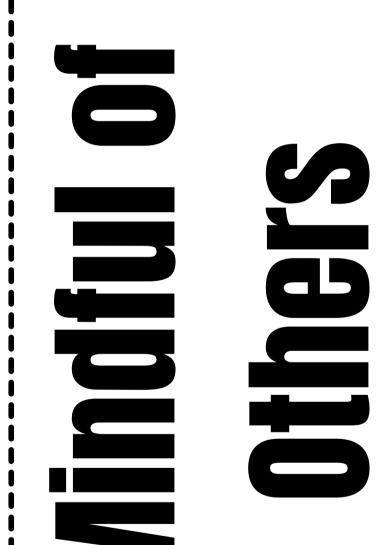


cottes carpos













cotfee gand



offering to Let Someone Else Go First "Do you want to play with us?"



Holding the Door open Saying mean things about yourself.



Taking turns With a toy "Of course you can play with us."



Following the rules of a game

Telling the truth





Returning a Lost Item

"Stop. You can't treat her that way."

"That's an unkind idea."

Smiling at people

ASking for Something Politely Doing what an adult in charge asked you to do

Hugging a friend When they're Sad

Thanking people for helping you

Waiting
patiently for
your turn

Telling other kids what to do

cottee carpod

coffee and a

"We're having a playdate but you're not invited."

Laughing when others are talking

offering to take turns Grabbing all the Supplies

Calling Someone a cheater

"That's a good idea."





"No. You can't treat me that way."

Ignoring Someone on purpose



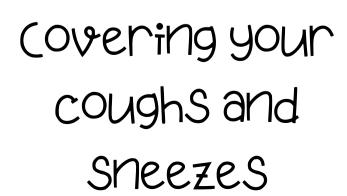
Whispering Secrets

> coffee carpod

"Come be my buddy/partner."



Pointing at Someone Helping when Someone gets hurt



Teasing Someone



Trying not to hurt other people's feelings Calling Someone a "loser" or using the L Sign

"Shhh. Don't tell her." "Do you want to sit with me?"

Telling other kids not to play with someone Stopping when a friend says to stop

USing your manners: please, thank you, excuse me "Hi, I'm ___. Do you want to play/hang with me?" Laughing at Someone Congratulating Someone

coffee and a

"Do you want to Share this with me?"

Laughing all together

coffee and a

Listening guietly when someone is talking

Interrupting when someone else it talking

"Can I help you?"

Asking friends what they want to play



Cutting in line

"I'm not going to be your friend anymore."

Including others to join in

Cheering Someone on

coffee and carpool

only being nice to your friends Always deciding what everyone plays

Thank an adult they help you

Saying unkind things about others





Decide if what your friend tells you to do is the right choice

Cheating so you win

Sticking your tongue out Being Silly when it's time to be Serious

Rolling your eyes when someone is talking to you

"No, that's not a kind choice."

Name calling

Running/Walking away from someone to be mean



coffee and a

"You can only play with us if..."

Excluding others



offering to help

Saying "hi" to people



Following the rules even when no one is looking

Standing up for Someone



Picking up Something Someone dropped

Apologizing when you hurt someone



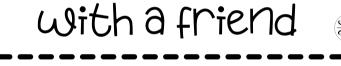
keeping your hands to yourself

cleaning up after yourself



Moving away from Someone in the circle to Sit

Waiting for everyone to have food before eating



Complaining when you're paired up with someone you didn't chose

"I'm glad you're my friend."



"Ew, that's gross. You're gross."

"Why are you SO___?"





