

Fall Kindness Bucket List

Turn off the screens, fight boredom, and spread some kindness.



Invite a sibling to play their favorite game



Draw a picture for an elderly neighbor



Chalk the sidewalk with kind words.



Hide kind notes in library books



Write your teacher a thank you note



Meet one new student and invite them to play



Make kindness rocks and hide them for others



Write your grandparents a note



Collect food for your local food bank



Give out 5 sincere compliments



Draw or write kind notes and hide them in mailboxes



Go on a walk and pick up trash as you go



Take your garbage collector a warm drink



Help a neighbor rake leaves



Read books to someone younger than you



Draw your mail carrier a thank note and tape it to your mailbox





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