

How to Use the Classroom Kindness Countdown to Thanksgiving Break Paper Chain



1. Cut each of the activities.
2. Choose the best ones for you and the number you need depending on when you start and how many days are left until Thanksgiving Break.
3. Cut construction paper into strips (1 ½-inch by 11-inch works great). We used shades of brown, orange and yellow.
4. Glue each of the activities on a strip of the construction paper.
5. Loop the strip into a circle, with the activity facing in, and carefully staple the ends together.
6. Make another kindness activity strip. Put it through the first circle, loop it into its own circle, and then staple the ends together.
7. Continue with each construction paper strip, gluing the kindness activities down, and linking them all together.
8. Hang up the countdown to Thanksgiving Break calendar where it can be easily seen so it's a visual representation of how many days are left until break.
9. Each day, rip off the top loop, do the kindness activity and celebrate them for focusing on spreading kindness. As the strip gets shorter and shorter, so will the days until break.

Open the door for someone who has their hands full.

Greet someone you don't know.

Write a note to your principal about why you're grateful for them.

Make Thanksgiving decorations and donate them to an nursing home.

Bring in a canned item or a box of food to donate to a food bank.

Help a classmate clean up even if it's not your mess.

Write a note for your yard duty teachers telling them why you're grateful for them.

Let someone else go first on the playground.

Invite someone you don't know to sit with you.

Write a note for the school custodian and tell them why you're grateful for them.

Cheer on a classmate when they do something hard.

Pick up trash in the cafeteria or lunch area even if it's not yours.

Help a younger student.

Give a compliment to a classmate.

Say "hi" or "good morning" to 3 people at school.

Draw a sweet note and hide it in a library book for someone else to find.

Invite someone to play with you you normally don't play with.

Return a lost item you found to the lost and found box.

Give a compliment to a teacher at school.

Thank a classmate when they help you or let you borrow something.

Make a card for your siblings to take home telling them why you're grateful for them.

Thank an adult for helping you.

Offer to loan a school supply to a classmate who needs it.

Write a note for the school nurse/office staff and tell them why you're grateful for them.