How to Use the Kindness Links Paper Chain

1.Print these links on bright-colored paper. It will be a heartier paper chain if it is printed on bright-colored cardstock paper.

2. .Cut each of the links.

3. When you see someone doing an act of kindness, no matter how small, write it down on one of the links.

4. You can make it a big deal and celebrate each small act of kindness or you can acknowledge it quietly and make a link to show kids how easy it is to be kind. There is no place to put the kids' name on the link who performed the kind act because you'll be celebrating all the acts of kindness collectively rather t than individually.

5. Loop the strip into a circle, and carefully staple the ends together.

6. When another act of kindness is done and you write on the strip, put it through the first circle, loop it into its own circle, and then staple the ends together.

7. Continue with each paper strip linking them all together.

8. Hang up the Kindness Links Paper Chain where it can be easily seen so it's a visual representation of how many kind things have been done. It can be hung up in a classroom, a home, a cafeteria, a meeting space, etc.

9. See how long your paper chain can get and celebrate all the small, simple, normal, everyday acts of kindness.

ACT OF KINDNESS

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Observed by:_____ Date:_____

ACT OF KINDNESS

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